

SHAMBHALA PACIFIC NORTHWEST

Winter Dathün

One-month meditation retreat

With John Osajima

Camp Pringle, Shawnigan Lake, British Columbia

December 6, 2008 - January 3, 2009

Whole dathün \$1,150; three weeks \$900; two weeks \$650; one week \$385

Discounts available

All welcome

For more information and to register go to

nelson.shambhala.org/region.php

or contact Ty Runkle at tyrunkle@telus.net or 604-520-7611

